



## *public speaking information*

Jennifer is a seasoned and professional public speaker. She is engaging, humorous, and informative.

She enjoys preparing custom talks on health and nutrition for families, school groups, and the workplace.

Her speaking fee is \$150.00 / hour, including preparation time if a custom presentation is desired. Preparation time is usually limited to one hour.

## *feedback from past presentations*

"Loved her- it made so much sense."

"I learned more from her in an hour than I have learned in 2 years from my online coach."

"Protein- who knew? I learned so much!"

Contact Jennifer at 661-808-5114

or

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